

Brooke Windisch, C.Ht. (formerly Brooke Lemke)  
Windisch Wellness, LLC  
Davenport, IA

Date of Preparation: December 31, 2017

**I. Education**

<u>Year</u>	<u>Degree/Area of Study</u>	<u>Institution</u>
1999-2001	Pre-Pharmacy/Business	University of Iowa, Iowa
2001-2003	Equine Science	Kirkwood Community College, Iowa
2013-2014	Diploma, Hypnotherapy	Hypnosis Motivation Institute, California

**II. Professional Appointments**

<u>Year</u>	<u>Position</u>	<u>Institution</u>
1998-1999	Data Entry	University of Iowa Community Medical Services, Iowa City, IA
2000-2010, 2015-2016	Pharmacy Technician	University of Iowa Hospitals & Clinics, Iowa City, IA St. Luke's Hospital, Cedar Rapids, IA University of Minnesota, Fairview Riverside, Minneapolis, MN Fairview Southdale, Edina, MN St. Joseph's Hospital, St. Paul, MN United Hospital, St. Paul, MN Hennepin County Medical Center, Minneapolis, MN Genesis Medical Center, West, Davenport, IA
2014-Current	Certified Hypnotherapist	Brooke Lemke Hypnosis (self-employed), Davenport, IA
2015-Current	Certified Hypnotherapist	Genesis Physical Therapy & Wellness, Bettendorf, IA

**III. Certifications & Honors**

Nationally Certified Pharmacy Technician, CPhT, 2004-2006  
Master Hypnotist, Hypnotherapists Union Local 472, 2014  
Graduated with Honors, Hypnosis Motivation Institute, 2014  
Certified Hypnotherapist, Hypnotherapists Union Local 472, 2014  
Hypnosis for PTSD, American Hypnosis Association, 2015  
Hypnosis for Pain, American Hypnosis Association, 2015  
Reiki I, American Hypnosis Association, 2015  
Basic & Advanced EFT Practitioner, American Hypnosis Association, 2015  
Hypnosis for Smoking Cessation, American Hypnosis Association, 2016  
Hypnosis for Tinnitus, American Hypnosis Association, 2017

**IV. Professional Affiliations**

<u>Year</u>	<u>Affiliation</u>
2014-Current	American Hypnosis Association
2014-Current	The Hypnotherapists Union Local 472

**V. Current Studies**

Acquiring advanced certifications through the American Hypnosis Association

**VI. Committees**

Pharmacy Strategic Committee, Fairview Health Systems, Minneapolis, MN, 2005

**VII. Presentations: Workshops**

- Lemke, Brooke. "Hypnotherapy Self-Improvement Workshop." Genesis, Eldridge, IA. 13 October 2016
- Lemke, Brooke. "Hypnotherapy Self-Improvement Workshop." Genesis, Bettendorf, IA. 10 November 2016
- Lemke, Brooke. "Hypnotherapy Self-Improvement Workshop." Genesis, Bettendorf, IA. 8 December 2016
- Lemke, Brooke. "Hypnotherapy Self-Improvement Workshop." Genesis, Davenport, IA. 12 January 2017
- Lemke, Brooke. "Hypnotherapy Self-Improvement Workshop." Genesis, Bettendorf, IA. 9 February 2017
- Lemke, Brooke. "Hypnotherapy Self-Improvement Workshop." Genesis, Davenport, IA. 6 April 2017
- Lemke, Brooke. "Hypnotherapy Self-Improvement Workshop." Genesis, Bettendorf, IA. 11 May 2017
- Lemke, Brooke. "Hypnotherapy Self-Improvement Workshop." Genesis, Bettendorf, IA. 8 June 2017
- Lemke, Brooke. "Strength and Support through Hypnotherapy." Gilda's Club, Davenport, IA. 11 July 2017
- Lemke, Brooke. "Hypnotherapy Self-Improvement Workshop." Genesis, Bettendorf, IA. 7 September 2017
- Lemke, Brooke. "Weight Intensive – 4 Weeks." Genesis, Bettendorf, IA. 5, 12, 19 & 26 September 2017
- Lemke, Brooke. "Hypnotherapy Self-Improvement Workshop." Genesis, Bettendorf, IA. 5 October 2017
- Lemke, Brooke. "Weight Intensive – 4 Weeks." Genesis, Bettendorf, IA. 3, 10, 17 & 24 October 2017
- Lemke, Brooke. "Hypnotherapy Self-Improvement Workshop." Genesis, Bettendorf, IA. 2 November 2017
- Lemke, Brooke. "Learn to Relax with Hypnotherapy." Genesis, DeWitt, IA 9 November 2017
- Lemke, Brooke. "Weight Intensive – 4 Weeks." Genesis, Bettendorf, IA. 28 November 2017 & 5, 12 & 19 December 2017
- Lemke, Brooke. "Hypnotherapy Self-Improvement Workshop." Genesis, Bettendorf, IA. 7 December 2017

**VIII. Presentations: Speeches**

- Lemke, Brooke. "Hypnotherapy & the Subconscious: Discover the Possibilities Within." 2015 CME Conference. Genesis, Kiawah, SC. 22 September 2015
- Lemke, Brooke. "Hypnotherapy & the Subconscious: Discover the Possibilities Within." 2016 Mental Health Wellness Conference. Blackhawk College, Moline, IL. 23 September 2016
- Lemke, Brooke. "Hypnosis for Your Heart." 2017 Heart Health Month. Genesis, Davenport, IA. 16 February 2017.
- Lemke, Brooke. "Supporting Grief with Hypnotherapy." Monthly Grief Support Public Event. Genesis, Davenport, IA 30 March 2017.
- Lemke, Brooke with Jay Jacobs. "Hypnosis: A Change Agent." CEU/CME Conference. Genesis, Davenport, IA 8 November 2017